

SAVE THE DATES

The ACT Great Lakes Regional Center offers ACT Training for Professionals



ACT (Adults and Children Together) – Raising Safe Kids

ACT is a parenting program directed by the **American Psychological Association**. Through ACT, parents and primary caregivers of children aged 0-8 years attend groups designed to *prevent child maltreatment, build parents' positive, nonviolent parenting skills, and prevent or reduce children's aggression and related behavior problems*. Research on ACT has indicated that parents who complete the program consider it to be non-judgmental; they enjoy the interactive and participatory classes, and are using more effective, nonviolent methods of parenting. In addition, research demonstrates that program completers use less physically violent discipline, and that their children have fewer behavior problems. This emerging best practice is a perfect fit to address the needs of families in communities throughout the U.S.

ACT Facilitator Training: Wednesday through Thursday, February 22-23, 2012

**This training is the first step in official ACT certification. To become an Certified ACT Facilitator, one must conduct one (1) ACT group, complete the program checklist, agree to have the program observed or recorded, and approved by the Regional Center Director.*

9:00am – 4:00pm each day at the Hilton Toledo, 3100 Glendale Ave., Toledo OH 43614

Topics, Day 1: Children's Behavior; How Children Learn Violence: Resolving Conflicts in a Positive Way

Topics, Day 2: Positive Discipline; Teaching Alternatives to Corporal Punishment; Media Violence and Children; Helping Parents Raise Non-violent Children

Cost: \$200 per person, Make checks payable to: "The University of Toledo"

12 CEUs are available for all Counselors, Social Workers, and Psychologists who request them

INCLUDED: Lunch provided each day plus one FREE ACT kit (a \$85 value)!

A full ACT kit includes:

- The new revised 2011 manual
- The new program materials on DVD
- The new Parent Handbook
- The full Evaluation Guide (spiral bound edition)
- A Guide to Children's Activities during the ACT 8-Week Program for Parents (spiral bound edition)
- Motivational Interviewing book
- The ACT PSA on DVD
- Teach Carefully booklet
- RETHINK reminder card
- Understanding Child Development as a Violence Prevention Tool booklet

All ACT materials are available in Spanish. Please indicate your choice of language on your registration form.

ACT Coordinator Training: Friday, February 24, 2012

**Offered exclusively to those who have fully completed the two day facilitator training. Learn how to train other professionals how to become ACT Facilitators.*

9:00am – 12:00 Noon at the Hilton Toledo, 3100 Glendale Ave., Toledo OH 43614

Cost: \$50 per person, Make checks payable to: "The University of Toledo"

3 CEUs are available for all Counselors, Social Workers, and Psychologists who request them

CEUs: The University of Toledo is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. The University of Toledo, Provider No. 00P0-340967014, maintains responsibility for the program. This training is approved for 12 credits for the Facilitator Training and 3 credits for the Coordinator Training. The State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board is approved for the Facilitator Training workshop for 12 hours and for the Coordinator Training workshop for 3 hours of Continuing Professional Education for Social Workers No.RSX119012 and for Counselors, Provider No. RCX0494101.

To enroll, complete the attached registration form (one for each person registering)

and mail it along with your total payment to the ACT Great Lakes Regional Center, The University of Toledo College of Medicine, Department of Psychiatry, Kobacker Center, Mail Stop 1161, 3000 Arlington Ave. Toledo OH 43614

Hotel arrangements, if necessary, can be made through the Hilton Toledo for \$89 per night plus tax.

We have a block of rooms that will be available to book after December 15, 2011. More details to come.

Registrations must be received by mail no later than Tue., January 31, 2012.