

ACT Publications and Materials

Log on to the **ACT** Web site at www.actagainstviolence.org to download or order current **ACT** publications and materials.

Currently available ACT publications:

- Violence Prevention for Families of Young Children
- Prevención de Violencia para Familias de Niños Pequeños
- Violence Prevention in Early Childhood: How Teachers Can Help
- Understanding Child Development as a Violence Prevention Tool
- Teach Carefully: How Understanding Child Development Can Help Prevent Violence
- When Children Experience Trauma: A Guide for Parents and Families

ACT materials:

- ACT TV PSA video and discussion guide
- ACT in the Community 8-minute video
- ACT Training Manual CD-ROM
- ACT Implementation Handbook CD-ROM

You can also download a more complete version of this flyer from the ACT Web site.



**What a
child learns
about violence
a child learns
for life.**

Teach carefully.

**We can show
you how.**

www.actagainstviolence.org

This brochure was developed and printed
with generous support from the

MetLife Foundation

7 Ways

To Put ACT Into Action



**ACT—Adults and Children
Together—Against Violence**

An Early Violence Prevention Project



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Getting Involved With ACT in Your Community



What is ACT?

ACT—Adults and Children Together—Against Violence is a national initiative emphasizing the importance of early prevention. It is designed to raise awareness and educate adults and communities about their important role in creating an environment that protects children from violence.

ACT is a multifaceted project consisting of the ACT Against Violence Media Campaign, the ACT Training Program, and the ACT Web site and publications.

How Can You Get Involved With ACT in Your Community?

There are many ways to bring ACT into a community—as an individual, a professional in an educational or services agency, or a member of a professional organization or coalition.

Seven Ways to Put ACT Into Action

1 Apply early violence prevention concepts and skills to your daily life.

Learn basic concepts, skills, and updated information from ACT publications. ACT booklets teach child development; skills to manage anger and resolve conflicts; positive discipline; media monitoring, and how to become a positive role model for children.

Below are currently available ACT publications:

- Violence Prevention for Families of Young Children
- Prevención de Violencia para Familias de Niños Pequeños
- Violence Prevention in Early Childhood: How Teachers Can Help
- Understanding Child Development as a Violence Prevention Tool
- Teach Carefully: How Understanding Child Development Can Help Prevent Violence
- When Children Experience Trauma: A Guide for Parents and Families

2

Promote the ACT project in your workplace.

Spread the word about early violence prevention to others in your workplace. Social service agencies, colleges or universities, childcare centers, Head Start programs, or public health departments can use the ACT program to promote the importance of starting early to prevent violence in children's lives.

- Make presentations about ACT to supervisors and staff in your workplace.
- Use the ACT TV PSA ad video and discussion guide.
- Use the 'ACT in the Community' 8-minute video.
- Distribute ACT poster and publications.

3

Promote the ACT Project to community groups and coalitions.

If you are a member of a community group or coalition, encourage them to add early violence prevention to other violence prevention efforts. ACT's focus on adults and young children complements many current violence prevention efforts. You can:

- Make presentations about ACT to your group.
- Use the ACT TV PSA ad video and discussion guide.
- Use the 'ACT in the Community' 8-minute video.
- Distribute ACT poster and publications at community events.

4

Encourage the local chapter of your professional association to get involved with ACT.

Persuade the local chapter of your professional association, (e.g., the APA or NAEYC) to bring ACT to your community. Professional associations bring together experts who can disseminate the ACT project knowledge and materials; associations can also provide important leadership and support for the project implementation. Associations' role may include:

- Promoting ACT in newsletters and conferences.
- Working with the local media to promote the project.
- Identifying members to take part in the ACT train-the-trainer program.
- Sponsoring workshops and presentations to introduce the ACT project to their members.

5

Encourage the local media to promote early violence prevention.

You can:

- Persuade the media to create feature stories and programs on early violence prevention.
- Identify experts for the local media.
- Volunteer to be interviewed or write articles.
- Refer reporters to the ACT Web site for more information at www.actagainstviolence.org

6

Conduct presentations for families

Use ACT materials to organize and conduct presentations for families at your workplace or community. Helping families to serve as positive role models can teach young children how to manage anger and resolve conflicts without violence. An outline for your presentation could include:

- Presentation of the ACT TV PSA and discussion about its images and messages.
- Discussion about the roots and consequences of violence in children's lives.
- Dissemination of early violence prevention skills such as anger management, social problem solving, positive discipline, and media literacy.

7

Become an ACT Community Coordinator.

Professionals in psychology, early childhood education, social work, or related disciplines can apply for the ACT National Training Program to become an ACT Community Coordinator. ACT coordinators are trained at national workshops to create initiatives to disseminate the program in their communities. The 2-day national workshop covers children and violence, prevention skills, and how to start ACT programs in the local community. ACT Training program and workshop information is available on the ACT Web site at www.actagainstviolence.org.